



Parinama Newsletter
September 2026

WEDDING & FESTIVE EDITION

The Glow Before *the Celebration*



INSIDE THIS ISSUE

Your guide to healthier, radiant skin this wedding & festive season.

Three approaches to skin rejuvenation worth understanding — and worth starting early — from collagen-stimulating biostimulators to regenerative PRP and hydrating skin boosters.

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A Season for Celebrations. A Season for You.

September marks the beginning of a beautiful season — festivals, weddings, family gatherings and celebrations that fill our calendars and our homes.

And while we prepare our wardrobes, hair and makeup for these special occasions, our skin deserves a little preparation too.

At Tamira, we believe that the best kind of glow is one that comes from healthy, well-cared-for skin. This month, we explore some of the newer approaches to skin rejuvenation — from collagen-stimulating biostimulators and PRP-based treatments to skin boosters designed to improve hydration and skin quality.

Whether you're a bride-to-be, getting ready for a festive celebration, or simply looking to invest in your skin, starting early can make all the difference.

Here's to a season of celebrations — and skin that feels as good as it looks.

— TEAM TAMIRA



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The best kind of glow is one that comes from healthy, well-cared-for skin.

WHY SEPTEMBER IS THE PERFECT TIME

Great skin is rarely an overnight transformation. Many aesthetic skin treatments work gradually, giving your skin time to respond.

Starting your skin plan early can help you look refreshed and naturally radiant when the celebrations begin — with time built in for consultation, treatment and recovery.



01

Biostimulators

Collagen that comes from your own skin.

Unlike fillers that primarily add volume, biostimulators are designed to stimulate the skin's own collagen-building response. Over time, this can help improve firmness, elasticity and overall skin quality.

IDEAL FOR

Mild skin laxity, fine lines, loss of firmness and gradual skin rejuvenation.

WHY CONSIDER THEM

Natural-looking improvement, gradual results and a focus on improving skin quality over time.



02

PRP + Exosomes

Your skin's repair system — explored through regenerative aesthetics.

PRP (Platelet Rich Plasma) uses components from your own blood to support tissue repair and skin rejuvenation. Exosomes are tiny biological messengers being studied for their role in cell communication and regeneration.

These approaches may be used as part of a personalised regenerative skin plan, depending on your skin's concerns and your dermatologist's assessment.

POTENTIAL GOALS

Improved skin texture, healthier-looking skin, support for collagen production and recovery after selected procedures.

A NOTE ON EXOSOMES

Exosome-based aesthetic treatments are an evolving area of research. Your dermatologist should determine whether they are appropriate for you and which products or protocols are suitable.

03

Skin Boosters

Hydration that starts beneath the skin.

Skin boosters are designed to improve skin quality from within. Depending on the formulation, they may provide hydration and help improve the appearance of texture, elasticity and radiance.



PERFECT FOR

Dull or dehydrated-looking skin, fine dehydration lines, uneven texture — and anyone looking for a fresh, natural-looking glow.

Which treatment is right for you?

YOUR CONCERN

POSSIBLE APPROACH

Dull or dehydrated-looking skin

Skin Boosters

Early loss of firmness

Biostimulators

Skin repair & rejuvenation

PRP + Exosomes

Preparing for a wedding or festival

A personalised combination plan

At Tamira, there is no one-size-fits-all treatment. Every skin is different — and the right approach begins with a personalised consultation with our dermatology experts.

Start now, and let your skin arrive at the season with you.



NOW

Consultation

Understand your skin concerns and create a personalised plan with your dermatologist.

2 – 4 WEEKS

Build & Hydrate

Depending on your plan, treatments may be spaced to allow the skin to respond and recover.

4 – 8+ WEEKS

Reassess & Refine

Regenerative treatments can take time to show their full effect. Your dermatologist can guide the next step.

CELEBRATION SEASON

Healthier-Looking Skin

The goal: skin that looks refreshed, hydrated and naturally radiant — still unmistakably yours.

“Healthy skin is always in fashion.”

The most beautiful results are the ones that still look like you — just fresher, healthier and more confident.

Regenerative treatments work with your skin, making them an option worth exploring when preparing for an important occasion.

THIS SEPTEMBER AT TAMIRA

- Personalised skin consultations
- Festive skin preparation plans
- Advanced regenerative skin treatments

Because glowing skin is the best accessory you'll wear this festive season.



Book your festive skin consultation

Talk to the Tamira Life team about creating a personalised skin preparation plan for your upcoming wedding, festival or special occasion.

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WHATSAPP

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